

**Lindsay Holmes**

**Coaching Experience**

**A5 Gwinnett Volleyball Club (GA5)** – Suwanee, GA 2018-2019 Season

* 16-2 Assistant Coach

**A5 Gwinnett Volleyball Club (GA5)** – Suwanee, GA 2017-2018 Season

* 12-2 Head Coach

**Norcross High School** – Norcross, GA 2017 Fall Season

* Assistant Freshman Coach
* Gwinnett County Tournament Runner-Up

**Georgia College and State University** – Milledgeville, GA June 2013-July 2016

* Volleyball Camp Counselor

**Playing Experience**

**Georgia College and State University** – Milledgeville, GA

* Defensive Specialist
* Played All 4 Years
* Played 82 of 115 Matches
* Senior Captain

**Norcross High School** – Norcross, GA

* Libero
* All 4 Years in the Volleyball Program, 2 Years on Varsity
* 2 Years as Varsity Captain
* Best Defensive Player 2009, 2010, 2011
* Nelson Award 2012
* All Area 1st Team 2012, GVCA All Area 2nd Team 2012

**GA5** – Suwanee, GA November 2012-June 2013

* Libero
* 18-1 with Coach April Carroll

**Atlanta Extreme Volleyball Club** – Suwanee, GA November 2011-April 2012

* Libero
* 18-1 with Coach Kami Fongbemi

**Education**

**Georgia College and State University** – Milledgeville, GA

* Graduated May of 2017
* Bachelors in Science
  + Major: Exercise Science
  + Minor: Physical Education

**Norcross High School** – Norcross, GA

* Graduated May of 2013
* IB Certificate Recipient
* 200+ Hours of Community Service