

**Manuela Torrens**

I am a passionate volleyball enthusiast with four years of high school volleyball experience and a lifelong love for the sport. Currently, I play weekly with a dedicated group and often coach players on their techniques. My coaching philosophy emphasizes positivity, simplicity, player understanding, and authenticity. I believe in staying positive, even during challenges, simplifying the game, building players' self-esteem, and being true to myself while guiding others. I am excited to bring my passion and philosophy to a coaching role to help players grow and excel.

**Playing Experience:**

* International Studies Charter High School

**Education:**

* Bachelor of Business in Business Administration

**Florida International University**